

Our Plan for Service Innovation

CBHS realizes the need for nimble, responsive, cost effective ways to serve people with intellectual and developmental disabilities, those with behavioral health challenges, and other populations. In order to accelerate our knowledge and preparation for value-based contracting, we are partnering with healthcare providers, health homes, and managed care companies to create the outcomes needed for the future. CBHS is creating a deep menu of innovative services that are financially viable and responsive to people's needs. We have been leaders in New York State's transformation to a person-centered model of care and are recognized for our recovery services that are outcome-driven and that incorporate peer and natural supports. We utilize strength-based planning in our intellectual and developmental disability, behavioral health and child welfare services that draws heavily upon natural supports to promote positive outcomes.

CBHS Objective

- Improve access, and continuity of care, wellness, and positive life outcomes for persons in need of behavioral health and long-term care services;
- Integrate and coordinate the provision of behavioral health, medical and long-term care;
- Reduce inpatient and other institutional treatment by creating effective community-based alternatives.

- Lead high quality care management
- Promote evidence-based/best practice models;
- Develop capacity for the critical functions of Electronic Health Record interoperability;
- Establish quality outcome standards and tracking systems;
- Implement staff development aligned with innovation
- Deliver high-quality/lower cost services that are sustainable;
- Operate effective managed care businesses, including the assumption of risk

Our Mission

The mission of CBHS is to support its members' efforts to provide effective behavioral health and long-term care disability services to the Medicaid, Medicare, and uninsured population. CBHS develops the resources necessary to establish leading edge responses to the evolving health care system in New York State. CBHS promotes recovery oriented and outcome-based services designed to ensure high quality and affordable costs.

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CBHS

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CBHS NETWORK PARTNERS

- **Access: Supports for Living**
- **Hudson Valley Mental Health**
- **Human Development Services of Westchester (HDSW)**
- **Mental Health America of Dutchess County**
- **Mental Health Association of Rockland County**
- **Mental Health Association of Westchester County**
- **Putnam Family & Community Services**
- **Rehabilitation Support Services (RSS)**
- **Westchester Jewish Community Services (WJCS)**

CBHS Formation and Purpose:

The CBHS Corporation is comprised of progressive, non-profit, community behavioral health and disability service providers serving nine counties in the Hudson River Region.

CBHS maximizes the intellectual capacity and resources of its members in order to meet the challenges of a rapidly changing health care system and develop business initiatives to successfully manage care and provide the cost effective outcome-based services required for the future.

Our Commitment

Our commitment is to promote health and wellness, to facilitate the attainment of life roles in the areas of employment, housing, and social connectedness; to ensure access to whole populations, to ensure satisfaction from the people we serve and their families; and to do so at sustainable costs.



Our Collective Service Array

CBHS provides a vast array of services to multiple populations that are licensed by OMH, OPWDD, OASAS, DOH, and OCFS and include:

- Care Management – at all levels.
- Hospital Diversion Services (crisis respite, urgent care, peer specialists)
- Health and Recovery Plans (HARP)
- Home and Community Based Waiver Services for Adults and Children
- Mental Health and Substance Use Treatment and Rehabilitation Services
- Residential Services, at all levels, including: Innovative person-centered models
- PROS
- Homeless Day Program
- Peer Services (peer bridging)
- Peer Run Recovery Center
- Assertive Community Treatment Teams (ACT)
- Home Based Treatment- Mobile Services
- Employment & Economic Self-Sufficiency Services
- Benefit Counseling
- Habilitation and Long-Term Care Services
- Forensic Services: Community Reintegration Services for Pre-release Incarcerated Individuals